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CAMP

General Information

Where

- Camp Whitewood- 7983 S Wiswell Rd, Windsor, OH 44099 (440) 272-5275

When

- This year camp will be from May 20-23rd.
- Group A will go Monday, May 20th - Tuesday, May 21st.
- Group B will go Wednesday, May 22nd - Thursday, May 23rd.
- Groups will be divided alphabetically after payment has been collected in April. Typically students with last names A – L go session A and students with last names M – Z go session B, but this could change.

Who goes to camp?

- 6th grade students with good behavior and attendance.
- RHS juniors and seniors will be camp counselors and LaMuth teachers will teach the classes.

What do kids do at camp?

- Go to classes, including fishing, canoeing, archery, BB guns, TEAM activities, hiking in a stream, cemetery study, recreation, survival skills, craft, and other fun activities.
- Stay in a cabin with their friends and counselors, sing camp songs, participate in skit night, and shop at the Camp Whitewood store.

Cost

- Camp is \$158 per student, which includes 5 meals and a snack, all activities, and a t-shirt.

Transportation

- Students must be dropped off and picked up from camp. **NO BUSES!**
- A REQUIRED transportation form is attached.

Medical

- There will be a nurse at camp the entire week.
- A REQUIRED medical form is attached. **Any student requiring prescription and/or over-the-counter medication must have a DOCTOR'S SIGNATURE on their form.** We are legally not allowed to give medication to anyone without a doctor's signature.

STUDENTS MUST TURN IN THEIR TRANSPORTATION AND MEDICAL FORMS OR THEY WILL NOT BE PERMITTED TO GO!

Camp Rules

1. Students are not permitted in cabins other than their own.
2. Students are not permitted to return to their cabins during class time, recreation time or evening activities without supervision.
3. Students are not to disturb nature without permission.
4. Students are not permitted to leave their cabin area during cabin time without permission.
5. Students are not allowed to use foul language.
6. Students must not litter.
7. Students are not to run on the camp grounds except while participating in recreational games.
8. Students are not to wear their hats in the dining hall.
9. Students should not be out of their seats during meal time without permission from their counselor, unless they are a hopper.
10. Students must wear their colored wristbands at all times.
11. Students should not touch the cars in the parking lot.
12. Students must show respect for camp property at all times. They are liable for any damages they cause.
13. Students should keep their money in a safe place at all times.
14. Students must respect and obey staff and counselors at all times.
15. Students are not permitted to bring pop, candy, or food of any kind into the cabins.
16. Students should not bring cell phones or walkie talkies to camp. Items of this nature will be confiscated.
17. Student handbook behavior policies and penalties are also enforced at camp.

Suggested Clothing and Equipment List

All bedding and clothing should be secured in a bag. If you do not have a sturdy bag/suitcase large enough to fit both, we suggest putting bedding in a garbage bag and clothing in a small suitcase/duffel bag. Each bag should have the student's name on it.

BEDDING	<ol style="list-style-type: none"> 1. Sleeping bag or two blankets and sheets 2. Pillow and pillow case.
CLOTHING	<p>Please send old but clean clothing. New clothing will come back looking like old clothing no matter how careful the student tries to be. If possible, mark your child's name in all clothing, boots, shoes, etc.</p> <ol style="list-style-type: none"> 1. One pair of pajamas 2. One pair of tennis shoes (for stream class only) <i>***Rubber boots have been known to rub sores on students' legs, so we do not recommend them.</i> 3. One pair of sturdy walking shoes. NO SANDALS! - safety hazard 4. Daily change of socks plus rainy day extras 5. Sweatshirts & t-shirts 6. Jacket and/or raincoat 7. Daily change of underwear 8. Two or three pairs of pants 9. Shorts, if weather permits (SCHOOL APPROPRIATE LENGTH) 10. Bandana or hat 11. Bathrobe, if desired 12. Flip flops for shower only- not allowed to be worn as shoes during the day <p>***Watch the weather reports and pack accordingly.</p>
TOILETRIES	<ol style="list-style-type: none"> 1. Toothbrush and toothpaste 2. Soap, shampoo, deodorant 3. Bath towels and washcloth 4. Comb/brush 5. Hair dryer, if needed
OTHER/ SUGGESTED	<ol style="list-style-type: none"> 1. Bug spray 2. Sunscreen 3. 1-2 bottles of water, optional 4. Disposable camera, optional 5. Money for souvenirs, optional (No more than \$20)
DO NOT BRING	<ul style="list-style-type: none"> ● Cell phones/electronic devices ● Food, gum, candy, drinks (other than water) ● Flashlight ● Fishing poles ● Axes, knives, or other camping gear that could be considered a weapon

Note to Parents: Do not put anything in your child's suitcase that cannot be replaced or that will cause you to be upset if it does not return.

OUTDOOR EDUCATION DAILY SCHEDULE

Day 1

8:00 - 9:00	Arrive at camp/drop off medication/report to cabin
9:00 - 10:00	Welcome to Camp/Orientation program in pavilion
10:00 - 11:50	Attend Classes
11:50	Hoppers
12:00 - 12:45	Lunch
1:00 - 3:50	Attend class
4:00 - 4:45	Practice skits
4:45	Hoppers
5:00 - 5:45	Dinner
6:00	Recreation- Meet in Big Pavilion
6:16 - 6:45	Activity A
6:45	Meet in Big Pavilion
7:00 - 7:30	Activity B
7:30 - 8:30	Showers/Practice skits
8:45	Evening snack
9:00 - 10:00	Skits
10:00 - 10:30	Bedtime- lights out at 10:30

Day 2

7:15	Rise and shine
7:45	Hoppers
8:00 - 8:45	Breakfast
9:00 - 11:50	Morning classes
11:50	Hoppers
12:00 - 12:45	Lunch
1:00 - 1:50	Rest break in cabins or Rec Pad
2:00 - 4:50	Afternoon classes
4:50	Hoppers
5:00 - 5:45	Dinner
6:00 - 7:00	Pack and Clean Up
7:00 - 7:30	Pick Up

6th Grade Camp Checklist

- Send payment by April 15th
 - Checks to: Riverside Outdoor Education Program

- Transportation form due by May 3rd
 - Turn in to advisory teacher.

- Medical Form due by May 3rd
 - Form **must have a doctor's signature** if the child is taking any prescription or over-the-counter medications.
 - Turn in to advisory teacher.

- Bring medications to LaMuth clinic prior to camp.
 - All prescription medications need to be in original bottles, with child's name and dosage/time.
 - We will no longer provide Claritin or cold medication at camp. These must be listed on the medical form and brought by a parent/guardian. Tylenol, Ibuprofen, and Pepto-Bismol will be available at camp.
 - If you are unable to drop off medication to the LaMuth clinic before the day of camp, all medication must be dropped off by a parent to the camp clinic the morning of camp. Students are NOT allowed to bring the medication in their bag.

MEDICAL FORM

2019 Riverside Local Schools Outdoor Education Program

Student's Name _____

Date of Birth _____

Address _____

Allergy- to any food or medication: _____
To anything else (seasonal, animal, stings...) _____

Does this student self-carry inhaler? ___yes ___No Is inhaler kept in clinic? ___yes ___no
Does this student self-carry Epi-pen? ___yes ___No Is Epi-pen kept in clinic? ___yes ___no
Does this student already have over-the-counter medication in the LaMuth clinic? ___yes ___No

****Any medication taken at camp, prescription or over-the-counter, must have a doctor's signature****

Medications taken at home on a daily basis AND over-the counter that are necessary to take at camp will be clearly written below. (Tylenol, Ibuprofen, and Pepto Bismol will be available at camp. All other prescription and over-the-counter medications must be brought in by a parent/guardian.)

Name of Medication, dose and time to be given.

1. _____

2. _____

3. _____

Special instructions for administration of medication (storage, with food, etc) _____

Any possible reactions that, if they occur, should be reported to the physician: _____

Available at camp- do not bring to camp

Tylenol- 325mg one tablet every 4-6hrs as needed

Ibuprofen- 200mg one tablet every 4-6hrs as needed

Pepto-Bismol- chew tabs one every hour as needed

Circle yes or no

yes no

yes no

yes no

These medications will only be given if:

- **Yes is circled**
- **Doctor's signature below**
- **Parent's signature below**

PHYSICIAN SIGNATURE _____ **DATE** _____

PHYSICIAN PHONE NUMBER _____

Please regard my signature below as my assurance that I release Riverside Local Schools, PSI, and any or all of the school's and PSI's officers or employees from any liability or damage resulting from the consequences or adverse of our child's taking or failing to take this medication at the times prescribed. I also agree to keep informed in writing of any revision in the physician's prescription. I have had the opportunity to ask questions. They have been fully answered to my satisfaction.

PARENT/GUARDIAN SIGNATURE _____ **DATE** _____

Current Medical History _____

Any Medication your child takes daily _____

Has this student had any recent illness or injury? _____

Any additional information about the student's health in which we may need to be aware of:

TO GRANT CONSENT

In the event reasonable attempts to contact me at:

Parent #1 Name _____ Home Phone _____

Work Phone _____ Cell Phone _____

Parent #2 Name _____ Home Phone _____

Work Phone _____ Cell Phone _____

have been unsuccessful, I hereby give my consent for the administration of any treatment deemed necessary including permission to transport my child to the nearest hospital. This authorization does not cover major surgery unless the medical opinion of two other licensed physicians or dentists, concurring in the necessity for such surgery, are obtained prior to the performance of such surgery.

Doctor's Name _____ Phone _____

Dentist's Name _____ Phone _____

Or, in the event the designated practitioner is not available, by another licensed physician or dentist.

PARENT/GUARDIAN SIGNATURE _____ DATE _____

TRANSPORTATION FORM

2019 Riverside Local Schools Outdoor Education Program

Student Name (first and last) _____

Advisory Teacher _____

Attending Camp (circle one): Session A: May 20-21 Session B: May 22-23

In order to participate in the Riverside Outdoor Education Program, students must be dropped off and picked up from Camp Whitewood. In the event that a parent is unable to drop off/pick up his/her child, it is at the parents' discretion to make alternate transportation arrangements. If there is anyone that does **NOT** have permission to transport a student due to extenuating circumstances, it is the parents' responsibility to notify one of the camp directors by email or on this form.

I, _____, understand that I must arrange

(print name)

transportation for my child to and from Camp Whitewood, and that it is my

responsibility to notify Mrs. Vernon or Ms. Combs of anyone that does not have

permission to transport my child.

(Parent/Guardian Signature)

I do NOT give permission to the following people to transport my child to/from camp.

Any transportation questions or concerns, please email camp directors:

Monica Vernon at monica.vernon@riversideschools.net

Amanda Combs at amanda.combs@riversideschools.net