

Riverside Local Schools

Allergens & Food Sensitivity

BREAD

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000851	Apple Cinnamon Bread (mini loa	YES	YES	NO	NO	NO	NO	YES	YES
000914	Banana Bread slice	NO	YES	NO	NO	NO	NO	YES	YES
000452	Bread, Whole Wheat White	NO	NO	NO	NO	NO	NO	YES	YES
000886	Breakfast Bars - Apple Cinn.	YES	YES	NO	NO	NO	NO	YES	YES
000887	Breakfast Bars - Banana Choc.	YES	YES	NO	NO	NO	NO	YES	YES
000840	Bun, Hot Dog WW White - 1794 N	NO	NO	NO	NO	NO	NO	YES	YES
000841	Bun, Slider, Mini - Nickles 16	NO	NO	NO	NO	NO	NO	YES	YES
000842	Bun, WW White - Nickles - 1766	NO	NO	NO	NO	NO	NO	YES	YES
000791	CRACKERS, GOLDFISH	YES	NO	NO	NO	NO	NO	NO	YES
000923	Garlic Bread	YES	NO	NO	NO	NO	NO	YES	YES
000906	Grahams - Bug Bites	NO	NO	NO	NO	NO	NO	YES	YES
000166	Muffin, Apple	YES	YES	NO	NO	NO	NO	YES	YES
000214	Nacho Chips, Whole Grain, 1.25z	NO	NO	NO	NO	NO	NO	NO	NO
000836	Rice, Jasmine	NO	NO	NO	NO	NO	NO	NO	NO
000812	Roll, Honey Wheat 1 oz.	NO	NO	NO	NO	NO	NO	YES	YES
000957	Tortilla, 10"	NO	NO	NO	NO	NO	NO	NO	YES
000850	Tortilla, 8"	NO	NO	NO	NO	NO	NO	NO	YES

BRKFS

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000935	Benefit Bar, Variety	YES	YES	NO	NO	NO	NO	YES	YES
000945	Breakfast Boat	NO	YES	NO	NO	NO	NO	YES	YES
000943	Breakfast Boat, egg and turkey	YES	YES	NO	NO	NO	NO	YES	YES
000118	Breakfast Pizza - Bac/Egg WG	YES	YES	NO	NO	NO	NO	YES	YES
000198	Breakfast Sand - egg/cheese	YES	YES	NO	NO	NO	NO	YES	YES
000171	Breakfast Sandwich - Egg/Saus	YES	YES	NO	NO	NO	NO	YES	YES
000150	Cereal - Cinn Tst r/s WG	NO	NO	NO	NO	NO	NO	YES	YES
000151	Cereal - Trix r/s WG	NO	NO	NO	NO	NO	NO	NO	NO
000974	Cereal, Apple Jacks	NO	NO	NO	NO	NO	NO	YES	YES
000975	Cereal, Cocoa Krispies Bowl	NO	NO	NO	NO	NO	NO	NO	NO
000959	Cereal, Frosted Flakes RS	NO	NO	NO	NO	NO	NO	YES	YES
000934	Cereal, Kix	NO	NO	NO	NO	NO	NO	NO	NO
000973	Cereal, Lucky Charms, WG	NO	NO	NO	NO	NO	NO	NO	NO
000958	Cereal, Rice Krispies, Kellogg	NO	NO	NO	NO	NO	NO	NO	NO
000829	Cinnamania, Cinn Bun/Fr Tst	?	?	?	?	?	?	?	?
000947	Cocoa Cherry Bar	NO	NO	NO	NO	NO	NO	YES	YES
000696	Egg Round	NO	YES	NO	NO	NO	NO	NO	NO
000932	French Toast Sticks, Mini Kell	?	?	?	?	?	?	?	?
000972	French Toast, Mini Cinnamon	YES	YES	NO	NO	NO	NO	YES	YES
000971	French Toast, WG, Papetti's	YES	YES	NO	NO	NO	NO	YES	YES
000839	French Tst Sticks - Rich's	NO	NO	NO	NO	NO	NO	YES	YES
000953	Iced Cinnamon Sq., Darlington	NO	YES	NO	NO	NO	NO	YES	YES

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000954	Mini Bagels, Cinn. Cr. Cheese	YES	NO	NO	NO	NO	NO	NO	YES
000970	Mini Choc. Chip French Toast	YES	YES	NO	NO	NO	NO	YES	YES
000871	Mini Cinnis - Pillsbury	YES	NO	NO	NO	NO	NO	NO	YES
000946	Mini French Toast Choc. Chip	YES	YES	NO	NO	NO	NO	YES	YES
000566	Pancake & Sausage on stick WG	NO	YES	NO	NO	NO	NO	YES	YES
000855	Pancake, mini w/g Eggo	YES	YES	NO	NO	NO	NO	YES	YES
000205	Pancakes, Whole Grain	NO	YES	NO	NO	NO	NO	YES	YES
000163	Pop Tart - Whole Grain 2 ct.	NO	NO	NO	NO	NO	NO	YES	YES
000854	UBR -Ultimate Bfst Round	YES	YES	NO	NO	NO	NO	YES	YES
000915	Waffles, Mini Eggo	YES	YES	NO	NO	NO	NO	YES	YES

ENT

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000967	Beef & Cheese Burrito, WG	YES	NO	NO	NO	NO	NO	YES	YES
000949	Beef Burger - AP, 2.45 oz.	NO	NO	NO	NO	NO	NO	YES	NO
000950	Beef Burger - AP, 2.5 oz.	NO	NO	NO	NO	NO	NO	YES	NO
000948	Beef Burgers - Tyson, 2 oz.	NO	NO	NO	NO	NO	NO	NO	NO
000965	Beef Patty, 2.10 oz.	NO	NO	NO	NO	NO	NO	YES	NO
000966	Beef patty, AP, 2.7 oz.	NO	NO	NO	NO	NO	NO	YES	NO
000110	Bosco Red. Fat Breadsticks	YES	NO	NO	NO	NO	NO	NO	YES
000960	Chicken alfredo w/pasta	YES	NO	NO	NO	NO	NO	YES	YES
000206	Chicken Drumstick	NO	NO	NO	NO	NO	NO	NO	YES
000131	Chicken Fajita Meat	?	?	?	?	?	?	?	?
000844	Chicken Fingers - Tyson	NO	NO	NO	NO	NO	NO	YES	YES
000595	Chicken Nuggets, 5 pc	NO	NO	NO	NO	NO	NO	YES	YES
000955	Chicken Patty Sandwich - HS	NO	NO	NO	NO	NO	NO	YES	YES
000956	Chicken Patty Sandwich - Spicy	YES	NO	NO	NO	NO	NO	YES	YES
000848	Chicken Rings - Tyson	?	?	?	?	?	?	?	?
000847	Chicken Sticks - Tyson	NO	NO	NO	NO	NO	NO	YES	YES
000944	Chicken Tenders - Tyson	NO	NO	NO	NO	NO	NO	YES	YES
000129	Chicken, Popcorn - Tyson	NO	NO	NO	NO	NO	NO	YES	YES
000900	Chicken, Roasted (8 pc)	?	?	?	?	?	?	?	?
000107	Corn Dog 3 meat	?	?	?	?	?	?	?	?
000867	Corn Dog, Chicken - whole grai	NO	YES	NO	NO	NO	NO	YES	YES
000849	Crispy Chicken Wraps	?	?	?	?	?	?	?	?
000128	Eggs, Scrambled	YES	YES	NO	NO	NO	NO	NO	NO
500312	FIESTA MEXICAN LASAGNA	?	?	?	?	?	?	?	?
000977	Fish - Alaskan Pollock Portion	NO	NO	NO	NO	YES	NO	NO	YES
000962	GFS Pork Rib Patties	NO	NO	NO	NO	NO	NO	YES	NO
000115	Hip Dipper (chicken)	?	?	?	?	?	?	?	?
000799	Lasagna Cheese Roll-Up	YES	YES	NO	NO	NO	NO	NO	YES
000204	Mac and Cheese - Reduced Fat	YES	YES	NO	NO	NO	NO	NO	YES
000462	Mighty Meat Sauce & Pasta	?	?	?	?	?	?	?	?
000895	Mini Burgers (2)-Krabby Patty	?	?	?	?	?	?	?	?
000929	Mini Corn Dogs, 4 pc	NO	YES	NO	NO	NO	NO	YES	YES

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000197	Mozzarella Cheese Sticks (6)	NO	YES	NO	NO	NO	NO	YES	YES
000466	NACHOS & CHEESE SAUCE	?	?	?	?	?	?	?	?
000838	Nachos w/taco meat -Elem Sch	NO	NO	NO	NO	NO	NO	YES	NO
000808	Nachos w/taco meat -Second Sch	NO	NO	NO	NO	NO	NO	YES	NO
000917	Pasta w/meat sauce	?	?	?	?	?	?	?	?
000922	Pasta, Barilla with alfredo sc	?	?	?	?	?	?	?	?
000927	Pasta, Barilla, chix & alfredo	?	?	?	?	?	?	?	?
500326	RAINBOW RICE	?	?	?	?	?	?	?	?
000868	Ravioli - Chef Boyardee	YES	NO	NO	NO	NO	NO	YES	YES
000961	RIB-B-Q Pork Rib Pattie w/BBQ	YES	NO	NO	NO	NO	NO	YES	YES
000119	Shrimp Poppers	NO	NO	NO	NO	NO	YES	YES	YES
500323	SMOKIN' POWERHOUSE CHILI	?	?	?	?	?	?	?	?
000781	Spaghetti with Meat Sauce	?	?	?	?	?	?	?	?
500324	SQUISH SQUASH LASAGNA	?	?	?	?	?	?	?	?
500318	STIR FRY FAJITA CHICKEN	?	?	?	?	?	?	?	?
000681	Taco, Soft	NO	NO	NO	NO	NO	NO	YES	YES
000820	Teriyaki Chicken - no rice	NO	NO	NO	NO	NO	NO	YES	YES
000122	Turkey and Gravy with roll	NO	NO	NO	NO	NO	NO	YES	YES
000106	Turkey Breast - Jennie-o	?	?	?	?	?	?	?	?
500317	VEGETABLE CHILI BOAT	?	?	?	?	?	?	?	?
000174	Yogurt Parfait	?	?	?	?	?	?	?	?
000859	Yogurt, Asst, 8 oz. LF- Upsta	?	?	?	?	?	?	?	?
000215	Yogurt, Upstate - asst., 4 oz.	?	?	?	?	?	?	?	?

MILK

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000863	Milk, Fat Free Strawberry	YES	NO	NO	NO	NO	NO	NO	NO
000864	Milk, Fat Free White	YES	NO	NO	NO	NO	NO	NO	NO
000196	Milk, Fat Free, 8 oz.	YES	NO	NO	NO	NO	NO	NO	NO
000865	Milk, Fat Free, Chocolate	YES	NO	NO	NO	NO	NO	NO	NO
000903	Milk, Variety, Fat Free	YES	NO	NO	NO	NO	NO	NO	NO
000231	MILK,Skim	YES	NO	NO	NO	NO	NO	NO	NO

MISC

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000866	Cheese, American - Processed	YES	NO	NO	NO	NO	NO	NO	NO
001049	CHEESE, AMERICAN, SHREDDED	YES	NO	NO	NO	NO	NO	NO	NO
000160	Cheese, Mozzarella, string	YES	NO	NO	NO	NO	NO	NO	NO
000618	CHEESE, CREAM, INDIVIDUAL	?	?	?	?	?	?	?	?
000351	CHEESE, MOZZARELLA, PART SKIM	YES	NO	NO	NO	NO	NO	NO	NO
000911	Italian Dressing, Fat Free	?	?	?	?	?	?	?	?
000179	Ketchup	?	?	?	?	?	?	?	?
000223	MUSTARD: individual PC	?	?	?	?	?	?	?	?
000695	Peanut Butter	?	?	?	?	?	?	?	?

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000910	Ranch Dressing, Light	?	?	?	?	?	?	?	?
000904	Ranch Dressing, Light	?	?	?	?	?	?	?	?
000621	SYRUP,PANCAKE, All Schools	?	?	?	?	?	?	?	?

PIZZA

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000921	Calzone, Pizza	YES	YES	NO	NO	NO	NO	YES	YES
000869	Cheesy Garl Breadsticks (S&F)	?	?	?	?	?	?	?	?
000893	Cheesy Garlic Breadsticks	?	?	?	?	?	?	?	?
000853	Pizza - WG -pepperoni -elem	YES	NO	NO	NO	NO	NO	YES	YES
000852	Pizza - WG- cheese/elem	YES	NO	NO	NO	NO	NO	YES	YES
000951	Pizza Cheese Crunchers	NO	NO	NO	NO	NO	NO	NO	YES
000493	Pizza, Big Daddy's Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000492	Pizza, Big Daddy's Pepperoni	YES	NO	NO	NO	NO	NO	YES	YES
000969	Pizza, Personal Pan, Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000968	Pizza, Personal Pan, Pepperoni	YES	NO	NO	NO	NO	NO	YES	YES
000939	Pizza, Round - Personal Pan	YES	NO	NO	NO	NO	NO	YES	YES
000940	Pizza, Stuffed Crust Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000002	Pizza, Tony's Smart Cheese	YES	NO	NO	NO	NO	NO	YES	YES
000794	Quesadilla, Cheese -ConAgra	YES	NO	NO	NO	NO	NO	YES	YES
000814	Quesadilla, Chicken	YES	NO	NO	NO	NO	NO	YES	YES
000837	Taco Wedges, Mini (3)	YES	NO	NO	NO	NO	NO	YES	YES

SAL

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000657	Dressing, Ranch Packet	?	?	?	?	?	?	?	?
000463	Romaine lettuce	NO	NO	NO	NO	NO	NO	NO	NO
000225	SALAD DRESSING, Assorted	?	?	?	?	?	?	?	?
000896	Salad, Asian Chicken - N. Orl.	?	?	?	?	?	?	?	?
000835	Salad, Asian Chicken - Tang.	?	?	?	?	?	?	?	?
000502	SALAD, CHEF - turkey/cheese	YES	NO	NO	NO	NO	NO	NO	NO
000805	Salad, Crispy Chicken	?	?	?	?	?	?	?	?
000192	Salad, Gr. Chicken w/cheese	?	?	?	?	?	?	?	?
000713	Salad, Romaine w/lt ranch	?	?	?	?	?	?	?	?
001094	Salad, Taco w/cheese & chips	?	?	?	?	?	?	?	?
000936	Spinach side salad	NO	NO	NO	NO	NO	NO	NO	NO

SAND

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000930	BBQ Pork Sandwich	NO	NO	NO	NO	NO	NO	YES	YES
000191	Chicken Parmesan Sandwich	YES	NO	NO	NO	NO	NO	YES	YES
000870	Chicken Patty - Grilled	NO	NO	NO	NO	NO	NO	YES	NO

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000073	Chicken Sand. w/whole gr bun	NO	NO	NO	NO	NO	NO	YES	YES
000894	Chicken Sandwich	NO	NO	NO	NO	NO	NO	YES	YES
000187	Chicken Sandwich - Spicy	YES	NO	NO	NO	NO	NO	YES	YES
000818	Chicken Sandwich Sliders	NO	NO	NO	NO	NO	NO	YES	YES
000938	Fish Sandwich	YES	YES	NO	NO	YES	NO	YES	YES
000550	Hot Dog w/whole grain bun	NO	NO	NO	NO	NO	NO	NO	NO
000507	Meatball Sub w/cheese, secndry	YES	?	NO	NO	NO	NO	YES	YES
000937	Meatball Sub, Elementary	YES	YES	NO	NO	NO	NO	NO	YES
000857	PB&Grape, WW, 2.8 oz. Jamwich	NO	NO	YES	NO	NO	NO	NO	YES
000807	Philly Cheese Steak Sandwich	?	?	?	?	?	?	?	?
500322	ROASTED FISH CRISPY SLAW WRA	?	?	?	?	?	?	?	?
000500	STEAKUM SANDWICH	?	?	?	?	?	?	?	?
000740	Sub Sandwich, Turkey	YES	NO	NO	NO	NO	NO	NO	YES
000928	Sub, Hot	YES	NO	NO	NO	NO	NO	NO	YES
000116	Toasted Cheese Sandwich	?	?	?	?	?	?	?	?
000105	Turkey Ham	?	?	?	?	?	?	?	?
000190	Turkey Sandwich w/cheese- bun	YES	NO	NO	NO	NO	NO	NO	YES
000792	Turkey Wrap, with cheese	YES	NO	NO	NO	NO	NO	YES	YES
000720	Uncrustable, PB & Gr	NO	NO	YES	NO	NO	NO	NO	YES
000168	Uncrustable, PB/Grape - 2.8 oz	NO	NO	YES	NO	NO	NO	NO	YES

SN

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000874	Animal Crackers	?	?	?	?	?	?	?	?
000244	Cheetos, Hot/Regular	YES	NO	NO	NO	NO	NO	NO	NO
000890	Cherry Apple Crunch Bar	?	?	?	?	?	?	?	?
000983	Chips, Lays, Baked BBQ	YES	NO	NO	NO	NO	NO	YES	YES
000984	Chips, Lays, Baked Sr Cr	YES	NO	NO	NO	NO	NO	YES	NO
000980	Chips, Lays, RF, Baked, Or.	NO	NO	NO	NO	NO	NO	YES	NO
000981	Chips, Ruffles, Baked, Sr Cr	YES	NO	NO	NO	NO	NO	YES	NO
000472	Churro	?	?	?	?	?	?	?	?
000888	Cinnamon Honey Crunch Bar	?	?	?	?	?	?	?	?
000822	Cinnamon Toast Crisps	?	?	?	?	?	?	?	?
000827	Cinnamon Toast Crunch to go	?	?	?	?	?	?	?	?
000703	Clodhoppers	?	?	?	?	?	?	?	?
000889	Cocoa Crunch Healthy Bar	?	?	?	?	?	?	?	?
000826	Cocoa Puffs to go	?	?	?	?	?	?	?	?
000878	Cookies, Smart, States and Cap	?	?	?	?	?	?	?	?
000821	Cookies, Smart, States and Cap	?	?	?	?	?	?	?	?
000823	Cracker Crisps, Cheddar Baked	?	?	?	?	?	?	?	?
001140	CRACKERS, SODA 2 CT.	?	?	?	?	?	?	?	?
000976	CrunchMania, French Toast	YES	NO	NO	NO	NO	NO	YES	YES
000243	Doritos, Cool Ranch	YES	NO	NO	NO	NO	NO	NO	NO
000979	Doritos, RF, Nacho Cheese	YES	NO	NO	NO	NO	NO	NO	NO
000978	Doritos, RF, Spicy Sw Chili	NO	NO	NO	NO	NO	NO	YES	YES
000824	Fiber One Bar - Oats and Choco	?	?	?	?	?	?	?	?

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000218	Fruit Roll Up - Variety Flavor	?	?	?	?	?	?	?	?
000873	Fruit Snacks, Gen. Mills	NO	NO	NO	NO	NO	NO	NO	NO
000238	Graham Stick - Scooby Doo	?	?	?	?	?	?	?	?
000216	Granola Bars, variety of flavo	YES	NO	YES	YES	NO	NO	YES	YES
000872	Heartzels- Pretzels	NO	NO	NO	NO	NO	NO	NO	YES
000473	Nutri Grain Bar WG (variety)	YES	NO	NO	NO	NO	NO	YES	YES
000985	Pretzels, Tiny Twists	NO	NO	NO	NO	NO	NO	NO	YES
000825	Quaker Crisp Bar, Mixed Berry	?	?	?	?	?	?	?	?
000241	Rice Cakes, Ched Quakes	?	?	?	?	?	?	?	?
000219	Rice Krispie Treat	YES	NO	NO	NO	NO	NO	YES	NO
000986	Smartfood Delight - Popcorn	YES	NO	NO	NO	NO	NO	NO	NO
000242	Sun Chips, Harvest Cheddar	?	?	?	?	?	?	?	?
000715	Sunflower Seeds, Blazin Hot	NO	NO	NO	NO	NO	NO	NO	NO
000778	Sunflower Seeds, Honey Roasted	NO	NO	NO	NO	NO	NO	NO	NO
000982	Tortilla Chips, Tostitos, RFWG	NO	NO	NO	NO	NO	NO	NO	NO

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