



RIVERSIDE Café

Riverside Campus • LaMuth Middle School

What's for LUNCH!

Riverside Campus

Choose an entrée with...

- 2 Fruits and 2 Veggies (or Specialty Salad with 2 Fruits)
- + your favorite flavor of fat-free Milk **only \$3.25**



LaMuth Middle School

Choose an entrée with a visit to the...

- Fruit and Veggie Side Bar (or Specialty Salad with 1 Fruit)
- + your favorite flavor of fat-free Milk **only \$3.25**

(Adult combo, milk not included ... \$3.75)

Monday CHICKEN

A rotation of all your favorite chicken items including:

- Chicken Nuggets
- Chicken Tenders
- Popcorn Chicken
- Grilled Chicken Sandwiches
- Chicken Parmesan Sandwiches

Mondays at JRW is...



Tuesday CULTURAL

A rotation of your favorite ethnic dishes with all the toppings including:

- Burrito Bowl
- Soft Tacos or Nachos (choose from Taco Meat or Chicken Fajita Meat)
- Mexican Pizza
- Quesadillas
- Asian
- Greek

Wednesday SANDWICHES

Add your favorite toppings to our signature sandwiches.

- Hot Subs
- Pulled Pork
- Philly Cheesesteak
- Chicken Salad
- Hamburger
- Riblet
- Honey Sriracha Chicken Subs

Thursday PASTA BAR

Make your selection from our "Pasta Bar" featuring:

- Pasta with Meatballs or Meat Sauce
- Chicken Alfredo
- Garlic Bread

Friday FAVORITES

Take your pick from a rotation of the traditional favorites such as:

- Bosco Sticks
- Grilled Cheese
- Mac and Cheese
- Turkey with Gravy over Mashed Potatoes

Daily Offerings...

- Big Daddy's Pizza
- Chicken Sandwiches (Regular and Spicy)
- Variety of Wraps (Turkey, Ham, Spicy Chicken, Chicken or Veggie)
- Garden Burger (Made to order. Ask for it!)

Fruit Sides...

- Apples, Oranges, Bananas
- Fresh Fruit in season (Melons, Strawberries, Grapes, Pineapple)
- Variety of Canned Fruit (Peaches, Pears, Applesauce, Pineapple, Mandarin Oranges, Tropical Blend)
- Chilled Juice

Veggie Sides...

- Hot Veggie rotated daily
- Mini Carrots
- Celery Sticks
- Cucumber Slices
- Side Salad
- Peppers
- Cherry Tomatoes

Specialty Salads...

- Spring Mix Salad with lots of Fresh Veggies, sprinkling of Cheese and one of the following: Turkey, Grilled Chicken, Spicy Chicken, Breaded Chicken, Taco Meat

Want More Nutritional Info? Nutritional information on all food offered is available at www.RiversideLocalSchools.com on the "Lunch" page. We provide free and reduced-price meals (\$.30 for breakfast, \$.40 for lunch) for eligible students. Call 440-358-8212 for details.



@RiversideMeals

Our MISSION . . . Through a culture of excellence, immerse students in educational opportunities and empower them to excel in an interconnected world.

Nutrition Services

2019-2020 School Year